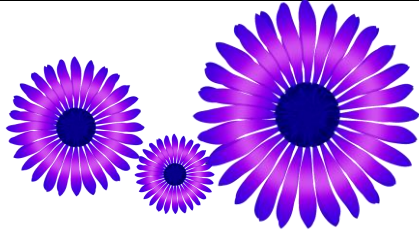






ADAPTIVE RECREATION MENU MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Swiss Steak Corn Pudding Seasoned Green Beans Chilled Pears Dinner Roll Choice of Milk	2 Fish served with Tartar Sauce Baked Beans Creamy Coleslaw Pineapple Chunks Whole Wheat Bread Choice of Milk	3 Cinco de Mayo Beef and Bean Tostada Lettuce, Tomato, Cheese Salsa, Sour Cream , Jalapenos Mandarin Oranges Vanilla Ice Cream Choice of Milk 
6 Creole Chicken served over Rice Fried Okra Chilled Orange Juice Oreo Pudding Whole Wheat Bread Choice of Milk	7 Chopped BBQ on a Bun with Sliced Onion Potato Tots with Ketchup Sliced Peaches Rainbow Sherbet Choice of Milk	8 Pinto Beans and Ham Sliced Onion Chilled Juice Apple Jubilee Fresh Baked Cornbread Choice of Milk	9 Chicken Fried Steak with Gravy Whipped Potatoes Green Peas and Onions Tropical Fruit Dinner Roll Choice of Milk	10 Mother's Day Chicken Salad Plate with Sliced Pineapple, Tomato Wedges Saltine Crackers Cherry Cheesecake Choice of Milk 
13 Teriyaki Chicken with Pineapple Glaze over Rice Pilaf Eggroll Green Peas Sugar Cookies Choice of Milk	14 Savory Meatloaf White Hominy California Vegetables Chocolate Cake Whole Wheat Bread Choice of Milk	15 Smoked Turkey on Gravy Baked Yam Mixed Green Salad with Dressing Coconut Pie Dinner Roll Choice of Milk	16 Chicken Strips with Gravy Whipped Potatoes Cucumber Tomato Salad Purple Plums Whole Wheat Bread Choice of Milk	17 Taco Bean Soup Pimiento Cheese Sandwich Pineapple Chunks Sugar Cookies Choice of Milk
20 Beef Sausage with Sauerkraut Potato Salad Sliced Carrots Tropical Fruit Whole Wheat Bread Choice of Milk	21 Beef, Rice Casserole Steamed Corn Sliced Pineapple Vanilla Ice Cream Whole Wheat Bread Choice of Milk	22 Chicken Salad Sandwich on Whole Wheat with Pickles Baked Lays Tropical Fruit Choice of Milk	23 Beef Tips with Tomatoes and Peppers served over Egg Noodles Seasoned Yellow Squash Carrot Cake with Icing Dinner Roll Choice of Milk	24 Hamburger on a Bun Lettuce, Tomato, Pickle, Onion French Fries with Ketchup Mustard, Mayo Mandarin Gelatin Choice of Milk
27 	28 Salisbury Steak Whipped Potatoes Mixed Vegetables Cinnamon Applesauce Whole Wheat Bread Choice of Milk	29 Parmesan Chicken Macaroni and Tomatoes Seasoned Green Beans Lemon Whip Garlic Bread Choice of Milk	30 Birthday's Sliced Ham Baked Potato with Sour Cream California Vegetables Cheesecake Whole Wheat Bread Choice of Milk 	31 Spaghetti with Meat Sauce Yellow Squash Mixed Green Salad with Dressing Fruited Gelatin Garlic Bread Choice of Milk

ROSE PARK SENIOR CENTER
LUNCH SERVED 11:30 A.M. TO 12:15 P.M.
TAKE-HOME MEALS 12:15 P.M. TO 12:30 P.M.

COBB, G.V. DANIELS, SEARS
LUNCH SERVED 11:30 A.M. TO 12:15 P.M.
TAKE-HOME MEALS 12 P.M. TO 12:15 P.M.

MENUS SUBJECT TO CHANGE WITHOUT NOTICE