

# SHOES / FEET

## ART

### SOCK PUPPETS

Use old socks to make sock puppets.

### SHOE PRINTS

\*messy! Put down butcher paper or a plastic tarp. Cover the bottom of a dish pan with paint. Put on old shoes and step in paint. Walk on the paper to make prints. Try different kinds of shoes and shoes with different treads.

### MORE SHOE PRINTS

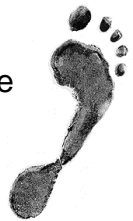
Have kids step into talcum powder then onto black construction paper. You can spray the print with hairspray to keep it from smudging.

### CRAZY FEET

Cut wild and crazy feet from construction paper. Let children design a creature to go with the feet.

### TINY FEET

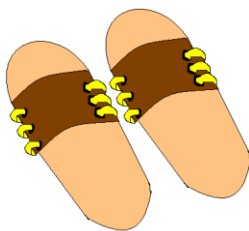
Make fist with hand. Dip side of hand with little finger on it into paint. Press side of hand onto paper. The print will resemble a footprint without toes. Add toes with a finger dipped in paint.



### FOOT PRINTS

Collect several old shoes with different patterns on the soles. Use them to print with paint or make rubbings by placing a sheet of paper on the soles and rubbing with the side of a crayon.

### SANDALS



Have child remove shoes and stand on cardboard. Trace around child's feet. Cut out the shapes to use as sandals soles. Cut out 2 strips of vinyl to fit over top parts of child's feet. With strips in place, punch holes along edge of sandals. Let child lace yarn or string through holes to make sandals.

## SONGS

### HOKEY POKEY

You put your left foot in, you put your left foot out  
You put your left foot in and you shake it all about,  
You do the Hokey Pokey and you turn your self around  
That's what it's all about!

You put your right foot in, you put your right foot out....  
(repeat with hands, head, body)

### BRAND NEW SHOES (to tune of "Three Blind Mice")

Brand new shoes, brand new shoes  
insert child's name has new shoes, \_\_\_\_\_ has new shoes,  
He likes to show off his tricky shoes (have child show something he can do with his feet)  
We all can do it by ones and twos (have others imitate trick)  
Those are wonderful tricky shoes  
Brand new shoes, brand new shoes.

### OH, DEAR NEW SHOES (to tune of "Oh, Susanna")

Oh, I come from the shoe store, with new shoes on my feet,  
I feel so proud and happy, and my feet look so neat.

My old shoes were all worn out, all the way down to their soles.  
My toes were squashed and crowded, and were peeking out the holes.

Oh, dear new shoes, you look so good to me.  
I am so glad that we bought you, I'll take care of you, you'll see.

### CRISS CROSS TYING SHOES (to tune of "Splish Splash I was taking a Bath")

Criss Cross and go under the bridge  
Then you got to pull it tight.  
Make a loop but keep a long tail  
That is how to do it right  
Then you take the other string  
and you wrap it 'round the loop  
Pull it through the hole  
Now you got the scoop  
Criss Cross and go under the bridge (this is where you tie the loops together)  
Now you made a Double Knot!

## **LET'S PUT ON OUR SOCKS** (to tune of "Hickory, Dickory, Dock")

Hickory, dickory, dock.  
Let's put on our socks.  
We'll walk around,  
Without a sound,  
When we put on our socks.

Repeat: slide, tiptoe etc.

## **BOOT PRINTS** (to tune of "This Old Man")

Here's one foot, here are two  
Both are wearing (brand new) shoes  
So you stand up, turn around,  
Dance across the floor,  
That's what these new shoes are for!

Fill in "brand new" to describe the shoes on the feet that you are singing about. Personalize it by singing this for the second line "Valerie is wearing Pink Barbie Velcro Shoes"  
Make it a guessing game or transition game by singing this for the second line, "Who is wearing white socks with no shoes. Describe whatever is being worn. Try it with everyone in the group

## **OTHER FUN STUFF**

### **THE SHOE GAME**

All children sit in a circle and take off one shoe. Children hide their eyes as the teacher hides all the shoes. The children must find a shoe that DOES NOT belong to them and bring it back to the circle. When all the shoes have been found, teacher asks a child whose shoe he found. Child looks around the circle to determine who is wearing a shoe that matches the one he found. When he finds the owner, he returns the shoe, and that child now must find the owner of the shoe she has found.

### **PAIR 'EM UP**

Place several pair of shoes in a large box and invite children to pair them up. You can add a low shelf for kids to sort onto.

### **SOCK GUESSING GAME**

Put an object in a sock. Let each child hold the sock and feel the object inside of it. Then have the children try to guess what the object is.

## **SMELLY SOCKS (sachets)**

Gather an assortment of infant socks and ribbons. Sprinkle spice on ball of pillow stuffing or about five cotton balls. (suggested spices include cinnamon, ground cloves, allspice, cardamom, star anise. Potpourri can also be used) Place stuffing or cotton balls inside the socks. Double knot ribbon around sock opening.

## **SEEDY SOCKS**

Have each child bring a large, old sock. Have child put the sock on over one shoe. Then go for a nature walk through field, woods, or any other area likely to have seeds on the ground. When you return, place each sock in a different sandwich bag, dampen and seal. Hang bags in sunlight. Periodically check for signs of growing socks!

## **POEM: TYING MY SHOE** (Can be done as a fingerplay)

I know how to tie my shoe.  
I take the loop and poke it through.  
It's very hard to make it stay,  
Because my thumb gets in the way!

## **SOCK DANCE**

Gather an assortment of adult-sized socks. Each pair should differ from the others. Put enough pairs in a bag for each child to have one sock. (join the game if you have an odd number of kids.) Mix up the socks. Take turns pulling out a sock and slipping it on over your shoe. When everyone has a sock, have them find their match. When they are matched, put on some music and dance!

## **FIND THE SHOE**

Hide one shoe from each child around the room. Let the children hunt for their own shoes. VARIATION: Let children hunt until they find ANY shoe. Then find the child the shoe matches!

## **WHOSE SHOES?**

Hang a sheet across room. Let 2 of children stand behind the sheet with just their shoes showing. Have others try to guess who is wearing shoes. Switch off and let others try.

## **SHOE MATCH**

Cut simple boot shapes from different colored paper. (Cut 2 of each color) Have children match the pairs.

## **HOBBY HORSE**

Make simple hobby horses by stuffing socks with cloth or newspaper and fastening them around the ends of yardsticks with rubber bands. If desired, sew on button eyes and glue on yarn hair.

### **POEM: BUNNY BOWS** (Can be done as a fingerplay)

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Oh dear, oh dear, what shall we do?  
Someone needs to tie his shoe.  
Take both ends, one left one right,  
Wrap them round and pull them tight.

Make two loops, now this is funny,  
One's a tree and one's a bunny.  
Run the bunny round the tree,  
That will make a hole, you see.

Push the bunny through this spot  
Pull both loops to make your knot.  
That is all you have to do,  
To make a bunny tie your shoe!

## **SHOE SEARCH**

1. Have children remove one of their shoes and place them in a line.
2. Arrange the children in a line opposite their shoes.
3. Have children close their eyes and mix up the shoes. Add your own shoes or shoes from dress up corner.
4. Have children go up one at a time to find their shoes.
5. Repeat until everyone has had a turn.

## **BOOT RELAY RACE**

To play this game, two pairs of large boots are needed. Any kind will work as long as they are large enough for children to pull on over their own shoes. Split group into two teams. Have first two children from each team put on boots, and run to a predetermined spot. Turn around and run back, handing off the boots to the next children in line to repeat the action. First team finished wins. Can also be done with high heels, slippers, etc.

## **CLOMP-TAP-ROLL**

For imaginative transitions, have children pull on make-believe footwear, then "tap dance" to their cubbies, "moon walk" to the snack table, or "skate" to the playground.

## **FOOT FEELING**

Place small objects such as marbles, plastic fruit, spools, etc in a bucket or tub. Let children feel with their feet and try to pick up with toes.

## **FELT FEET**

Cut two foot shapes (or paw shapes) out of felt. Cut two holes in the top of each shape. Place the felt on top of the child's laced shoes. Thread the shoelaces through the holes in the feet and tie.

## **PLAYING FOOTSI E**

(this can be circle time activity)

1. Take off shoes and talk with the kids about their two feet, ten toes, big toe, little toe, etc.
2. Sing "Where is Big Toe" to the tune of "Where is Thumbkin"
3. Encourage them to wiggle their toes, point or stretch their toes, slide their feet on the ground, walk on tiptoes, even try "clapping" their feet together.

## **SNACK**

### **FOOT SALAD**

Place a pear half on a bed of lettuce. Add toes with pineapple chunks or grapes.

## **FINGERPLAYS**

### **LEFT FOOT RIGHT FOOT**

This is my left foot,  
I'll tap my toes. (tap on left foot)  
This is my right foot,  
Away I'll go. (stamp right foot)  
Left foot, right foot,  
Hop, hop, hop. (hop back and forth on feet)  
Left foot, right foot,  
Now we stop. (stand still)

## **CHARLIE'S TOES**

Charlie has stinky feet. (Point to feet)  
He never washes his toes. (shake head)  
So when you go near Charlie,  
Be sure to hold your nose! (hold nose)

## **SHINY SHOES**

First I loosen mud and dirt, (hold hand in front for shoe, brush with other)  
My shoes I then rub clean, (rub shoe with palm of other hand)  
For shoes in such a dreadful sight (hide shoe behind back for moment, then return)  
Never should be seen.  
Next I spread the polish on (join thumb and index finger to make polish spreader and pretend to coat shoe)  
And then I let it dry.  
I brush and brush, and brush, and brush, (Make fist and brush shoe vigorously)  
How those shoes shine! Oh, my! (extend hand and admire)

## **SHOE THE LITTLE HORSE**

Shoe the little horse.  
Shoe the little mare. (pat child's feet)  
With a tap-tap here and a tap-tap there.  
But let the little pony run bare, bare, bare. (pat both feet together)

## **DIRTY SOCKS**

Can be done as a flannelboard

5 pairs of dirty socks on my bedroom floor;  
Mom washed the blue pair and then there were 4.  
4 pair of dirty socks that belong to me;  
Mom washed the red pair and then there were 3.  
3 pair of dirty socks; what's a kid to do?  
Mom washed the green pair and then there were 2.  
2 pair of dirty socks, I wear them when I run;  
Mom washed the white pair and then there was 1.  
1 pair of dirty socks rolled up in a ball;  
Mom washed the orange pair, my favorite pair of all!  
No more dirty socks, Mom washed them all today;  
But wait until tomorrow, there's more on the way!

## **COBBLER, COBBLER**

Cobbler, cobbler mend my shoe. (hold one foot on other knee)  
Have it done by half-past two; (hammer shoe with fist)  
Stitch it up and stitch it down, (make sewing motions on shoe)  
Now nail the heel all around (make hammering motions around shoe)

## **OLD SHOES, NEW SHOES**

Old shoes, new shoes (point to child's shoes, first one then the other)  
Black and brown and red shoes,  
One, two, three, four (show 4 fingers)  
Tapping softly on the floor. (tap fingers on floor.)

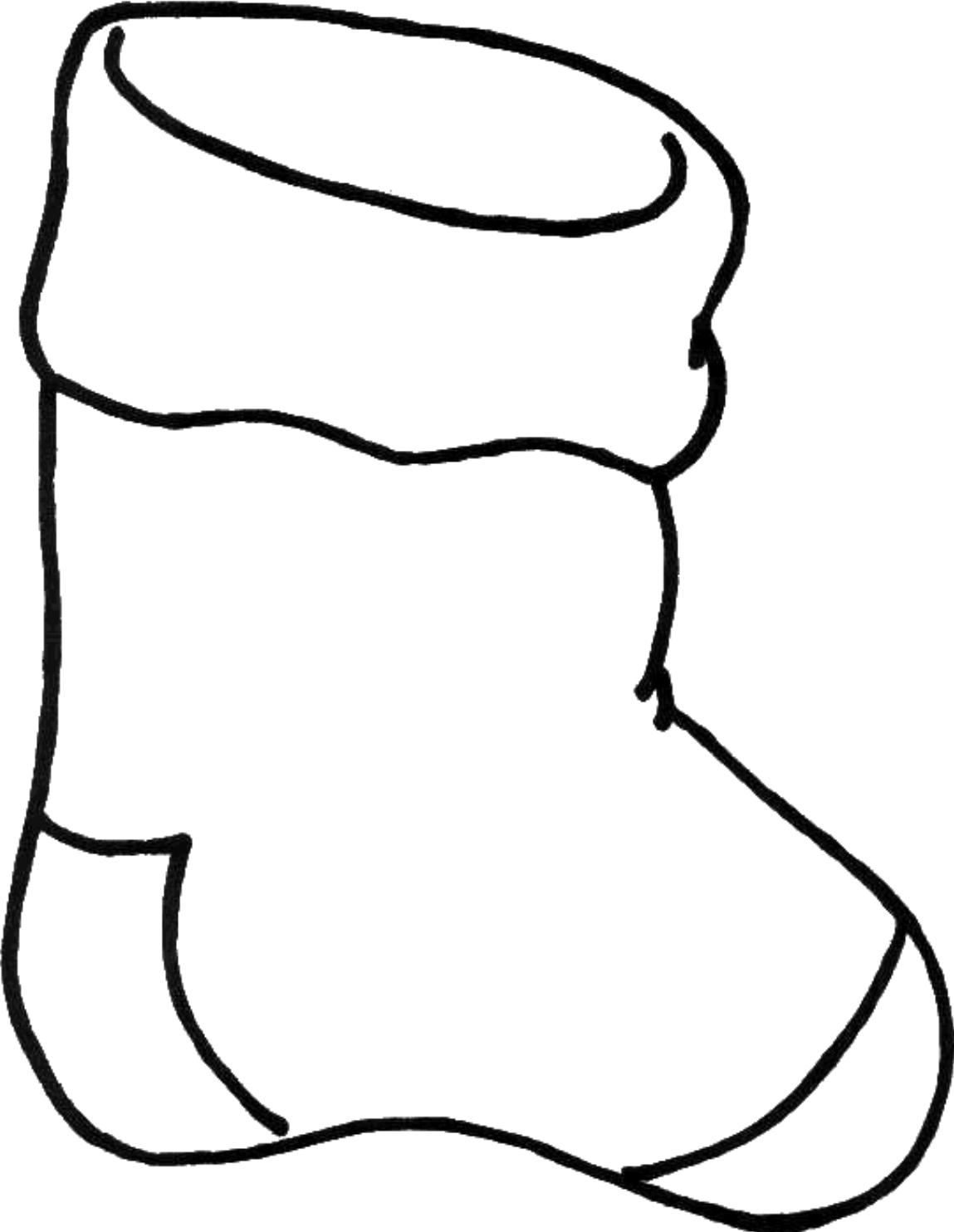


## SHOEMAKER AND THE ELVES

Color the elf  
and his clothes.  
Cut out pieces.  
Attach clothes  
to elf by  
bending tabs  
over.



DECORATE A SOCK



# I CAN TIE MY SHOE

This is to certify that

\_\_\_\_\_

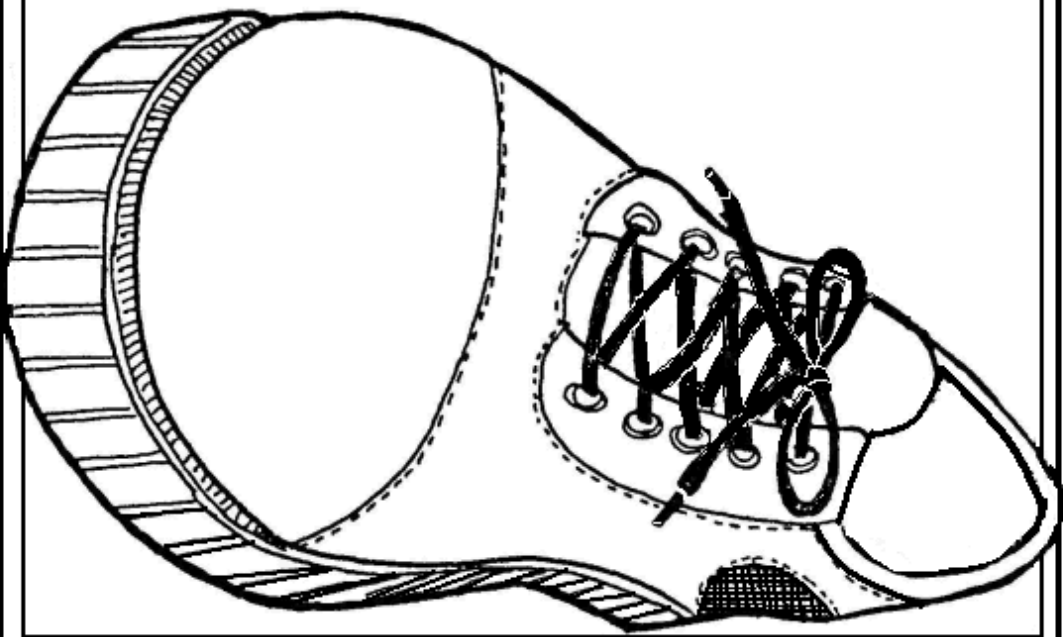
can tie shoes!

\_\_\_\_\_

Signature

\_\_\_\_\_

Date



## BOOKS ABOUT SHOES & FEET

J 391 MIL	Miller	Whose Shoe
J 391.4 SWI	Swinburne	Whose Shoes? A Shoe For Every Job
J 398.2 CAU	Cauley	Puss In Boots
J 398.2 CLI	Climo	Korean Cinderella
J 398.2 HAL	Haley	Puss In Boots
J 398.2 HOG	Hogrogian	Cinderella (Illustrated By Nonny Hogrogian)
J 398.2 KIM	Kimmel	Rimonah Of The Flashing Sword (Egypt)
J 398.2 LOU	Louie, A.	Yeh-Shen (China)
J 398.2 MAR	Martin	Rough-Face Girl
J 398.2 MIN	Minters	Cinder-Elly
J 398.2 PER	Perrault	Cinderella (Illustrated By Marcia Brown)
J 398.2 SAN	San Jose	Cinderella (Set In Old New York)
J 398.2 SAN	San Souci	Cinderella Skeleton
J 398.2 SAN	San Souci	Sootface: An Ojibwe Cinderella Story
J 398.2 SHO	Shorto	Cinderella And Cinderella: The Untold Story
J 398.2 THO	Thomson	Cinderella (illustrated by Nicoletta Ceccoli)
J 398.2 WIL	Wilson	Wishbones: A Folk Tale From China
J 398.21 GAL	Galdone	Elves And The Shoemaker
J 398.21 SAN	San Souci	Talking Eggs
J 596 MAC	Machotka	What Neat Feet!
J 612 ALI	Aliki	My Feet
J 685.3 HOR	Horenstein	How Are Sneakers Made
J 745.5 MEI	Meinking	Stylish Shoes For The Fashionista
J 811 GRI	Grimes	Shoe Magic
E ADLER	Adler	Young Cam Jansen And The Molly Shoe Mystery
E AUCH	Auch	Chickerella
E BALIAN	Balian	Socksatchers
E BARRETT	Barrett	Shoebox Sam
E BATEMAN	Bateman	Princesses Have A Ball
E BEAUMONT	Beaumont	Shoe-La-La
E BECHTOLD	Bechtold	Sally And The Purple Socks
E BELL	Bell	If The Shoe Fits
E BELL	Bell	Sock Monkey Boogie-Woogie
E BELL	Bell	Sock Monkey Rides Again
E BLUITGEN	Bluitgen	Boot Fell From Heaven
E BOADA	Boada	Cinderella / Cenicienta
E BOELTS	Boelts	Dogerella
E BOELTS	Boelts	Those Shoes
E BOETTCHER	Boettcher	Anna Meagan: The Aggie Cinderella Story
E BRETT	Brett	Armadillo Rodeo
E BROWNE	Browne	Willy The Wizard
E BRUCKER	Brucker	Anklet For A Princess :A Cinderella Story From

E BUEHNER	Buehner	India
E BUNTING	Bunting	Fanny's Dream
E BUNTING	Bunting	Have You Seen My New Blue Socks?
E BURKS	Burks	Whose Shoe?
E CABRERA	Cabrera	Beep And Bah
		There Was An Old Woman Who Lived In A Shoe
E CAMPBELL	Campbell	Mermaid And The Shoe
E CINDERELLA		Cinderella (Illustrated By K.Y. Craft)
E CLEARY	Cleary	Growing-Up Feet
E CLEARY	Cleary	Whose Shoes Would You Choose?
E CLIMO	Climo	Egyptian Cinderella
E CLIMO	Climo	Persian Cinderella
E COBURN	Coburn	Domitila – A Cinderella Tale From The Mexican Tradition
E CRAIG	Craig	Dancing Feet
E CROCKER	Crocker	Betty Lou Blue
E CRUST	Crust	Melvin's Cold Feet
E DALY	Daly	Fair, Brown, And Trembling: An Irish Cinderella Story
E DALY	Daly	Happy Birthday, Jamela!
E DELAPAZ	de la Paz	Abadeha: The Philippine Cinderella
E DENTON	Denton	Christmas Boot
E DEPAOLA	dePaola	Adelita : A Mexican Cinderella
E DIXON	Dixon	Blueberry Shoe
E DODD	Dodd	Cinderelephant
E DORMER	Dormer	Socksquatch
E DUNBAR	Dunbar	Where's My Sock?
E DUNREA	Dunrea	Gossie
E DUNREA	Dunrea	Ollie The Stomper
E DWYER	Dwyer	Salmon Princess – An Alaska Cinderella
E EHRLICH	Ehrlich	Cinderella (Illustrated By Susan Jeffers)
E EILENBERG	Eilenberg	Cinderella (Illustrated By Niamb Sharkey)
E ELLIS	Ellis	Queen's Feet
E ELLWAND	Ellwand	Cinderlily – A Floral Fairy Tale
E EMBERLEY	Emberley	Ed Emberley's Bye-Bye, Big Bad Bullybug!
E EMERSON	Emerson	Magic Boots
E FITZGIBBON	Fitz-Gibbon	Two Shoes, Blue Shoes, New Shoes
E FLEISCHMAN	Fleischman	Glass Slipper, Gold Sandal
E GEESLIN	Geeslin	How Nanita Learned To Make Flan
E GLASS	Glass	Red Shoes
E GOODE	Goode	Cinderella: The Dog And Her Little Glass Slipper
E GORDON	Gordon	Smitten
E GORMLEY	Gormley	Dog In Boots

E GOW	Gow	Ten Big Toes And A Prince's Nose
E GREENE	Greene	Billy Beg And His Bull :An Irish Tale
E GRIFFIN	Griffin	Foot-Stomping Adventures Of Clementine Sweet
E GRINDLEY	Grindley	Queen Ella's Feet
E GUARNACCIA	Guarnaccia	Cinderella – A Fashionable Tale
E HARRINGTON	Harrington	This Little Piggy
E HARPER	Harper	I Forgot My Shoes
E HELAKOSKI	Helakoski	Doggone Feet!
E HICKOX	Hickox	Golden Sandal
E HILLS	Hills	Drop It, Rocket
E HINES	Hines	Whose Shoes?
E HOBERMAN	Hoberman	You Read To Me, I'll Read To You – Very Short Fairy Tales To Read Together
E HOLUB	Holub	Cinderdog And The Wicked Stepcat
E HOOKS	Hooks	Moss Gown
E HUCK	Huck	Princess Furball
E HUGHES	Hughes	Ella's Big Chance – A Jazz-Age Cinderella
E HULING	Huling	Puss In Cowboy Boots
E IMAI	Imai	Puss In Boots (illustrated by Anano Imai)
E JANNI	Janni	Every Cowgirl Needs Dancing Boots
E JERAM	Jeram	All Together Now
E JOHNSON	Johnson	Shoes Like Miss Alice's
E JOHNSTON	Johnston	Bigfoot Cinderrrrrella
E KARLIN	Karlin	Cinderella (Illustrated By James Marshall)
E KENT	Kent	Socks For Supper
E KETTEMAN	Ketteman	Bubba The Cowboy Prince
E KINERK	Kinerk	Timothy Cox Will Not Change His Socks
E KOHUTH	Kohuth	Duck Sock Hop
E LAWSTON	Lawston	Pair Of Red Sneakers
E LIEURANCE	Lieurance	Shoelaces
E LIGHT	Light	Shoemaker Extraordinaire
E LIN	Lin	Ling And Ting Share A Birthday
E LIN	Lin	Robert's Snow
E LITWIN	Litwin	Pete The Cat – I Love My White Shoes
E LITWIN	Litwin	Pete The Cat – Rockin' In My Shoes
E LOBEL	Lobel	One Lighthouse One Moon
E LOWELL	Lowell	Bootmaker And The Elves
E LOWELL	Lowell	Cindy Ellen
E MADER	Mader	Lost Cat
E MANNA	Manna	Orphan – A Cinderella Story From Greece
E MARINEAU	Marineau	Cinderella
E MCCLINTOCK	McClintock	Cinderella
E MCDONALD	McDonald	Shoe Dog
E MCGHEE	McGhee	Countdown To Kindergarten

E MEUNIER	Meunier	Bravo, Tavo
E MITCHELL	Mitchell	Joe Cinders
E MORAN	Moran	Boots For Beth
E MORCK	Morck	Tyler's New Boots
E MUNSCH	Munsch	Smelly Socks
E MURPHY	Murphy	A Pair Of Socks
E MURRAY	Murray	One Two That's My Shoe
E NUMEROFF	Numeroff	Ponyella
E OCONNOR	O'Connor	Uncle Bigfoot
E OHAIR	O'Hair	Sweet Baby Feet
E OLSONBROWN	Olson-Brown	Ohh La La Polka-Dot Boots
E PALATINI	Palatini	Stinky Smelly Feet
E PEARSON	Pearson	Hooray For Feet!
E PERRAULT	Perrault	Cinderella (Illustrated By Loek Koopmans)
E PINKNEY	Pinkney	Puss In Boots
E POLLACK	Pollack	Turkey Girl : A Zuni Cinderella Story
E PRIMAVERA	Primavera	Louise The Big Cheese And The La-Di-Da Shoes
E RAU	Rau	Feet
E RAYNER	Rayner	Harris Finds His Feet
E RIM	RIM	Birdie's Big-Girl Shoes
E ROBERTS	Roberts	Cinderella : An Art Deco Love Story
E ROSENTHAL	Rosenthal	Which Shoes Does Sherman Choose?
E ROSS	Ross	Centipede's 100 Shoes
E RYLANT	Rylant	Walt Disney's Cinderella (Illustrated By Mary Blair)
E SANDERSON	Sanderson	Cinderella
E SANDERSON	Sanderson	Papa Gatto: An Italian Fairy Tale
E SANDERSON	Sanderson	Twelve Dancing Princesses
E SANSOUCI	San Souci	Cendrillion: A Caribbean Cinderella
E SANSOUCI	San Souci	Little Gold Star (Spanish-American)
E SANSOUCI	San Souci	Sootface (Ojibwa)
E SATHRE	Sathre	Slender Ella And Her Fairy Hogfather
E SCOTTMITCHELL	Scott-Mitchell	Cinderella
E SERFOZO	Serfozo	Benjamin Bigfoot
E SEUSS	Seuss	Foot Book
E SEUSS	Seuss	Fox In Socks
E SHEA	Shea	New Socks
E SHASKAN	Shaskan	Seriously, Cinderella Is So Annoying
E SIERRA	Sierra	Gift Of The Crocodile: A Cinderella Story
E SIF	Sif	ZWhere My Feet Go
E SILVERMAN	Silverman	Raisel's Riddle
E SINGER	Singer	Fox With Cold Feet
E SINGER	Singer	Shoe Bop!
E SINGER	Singer	Tallulah's Toe Shoes

E SLATER	Slater	Baby Shoes
E SOMAN	Soman	Ladybug Girl – Do You Like These Boots?
E SOUHAMI	Souhami	King Pom And The Fox
E STANTON	Stanton	Peddles
E SYLVESTER	Sylvester	Splinters
E TAKAYAMA	Takayama	Sumorella – A Hawai'i Cinderella Story
E TEGEN	Tegen	Story Of The Leprechaun
E THOMAS	Thomas	Gospel Cinderella
E TING	Ting	Prince's Diary
E TSIANG	Tsiang	Flock Of Shoes
E TUCKER	Tucker	Leprechaun In The Basement
E VAIL	Vail	Righty And Lefty – A Tale Of Two Feet
E VALCKX	Valckx	Lizette's Green Sock
E WEGMAN	Wegman	Cinderella
E WESTBERG	Westberg	Athlete With Big Feet
E WESTON	Weston	Lucky Socks
E WHIPPLE	Whipple	If The Shoe Fits
E WHITE	White	Adventure Of Louey And Frank
E WHITEN	Whiten	Chooky-Doodle-Do
E WILDSMITH	Wildsmith	Whose Shoes?
E WINBURN	Winburn	10 Little Sock Monkeys
E WINTHROP	Winthrop	Shoes
E WITTE	Witte	Lola's Fandago
E WOOD	Wood	Piggies
E WYNNEJONES	Wynne-Jones	Secret Agent Man Goes Shopping For Shoes
E YOLEN	Yolen	Come To The Fairies' Ball
E YOUNG	Young	Belinda And The Glass Slipper
E YOUNG	Young	Belinda In Paris
E YOUNG	Young	Belinda The Ballerina

#### DVDs

J 791.43 BAB	Baby's First-Word Stories Get Dressed (Edward's New Shoes)
J 791.43 BOO	Boohbah – Squeaky Socks
J 791.43 FAE	Faerie Tale Theatre – Princess Tales (Cinderella)
J 791.43 GRA	Grandpa Read's Quiet Time Tales v. 3 (Elves And The Shoemaker)
J 791.43 GRA	Grandpa Read's Quiet Time Tales v. 5 (Little Old Woman Who Lived In A Shoe)
J 791.43 GRA	Grandpa Read's Quiet Time Tales v. 8 & 10 (Red Shoes)
J 791.43 THO	Those Shoes

#### SOUND RECORDINGS

J 782.42 CATSPAJAMAS	Backseat Driver (I Love My Toes)
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This list was updated on October 26, 2017