



555 Walnut St. Abilene, Texas 79601
www.abilenetx.com

News Release

"We work together to build and maintain a community of the highest quality for present and future generations."

FOR IMMEDIATE RELEASE

May 18, 2018

MEDIA CONTACTS:

NR#05180--

Jeff White, Recreation and Senior Services Administrator

Ph: 325-734-5306 Email: jeff.white@abilenetx.gov

OR Alaisha Montanez, Communications & Media Relations Manager

Ph: 325-676-6677 Cell: 325-513-9381 Email: alaisha.montanez@abilenetx.gov

Senior Jamboree

ABILENE, Texas - Hit a home run will Wellness at the City of Abilene Senior Services Division 2018 Wellness Jamboree on Wednesday, May 23rd from 9:00 AM to 1:00 PM.

This year's baseball theme will help you kick start your fitness and health goals for the summer **by participating in fun activities, learning trends and services for aging in style.** The Jamboree is free and will be at Rose Park Senior Activity Center, located at 2625 South 7th Street. Senior citizens and their adult children should make plans to attend.

For more information about the Wellness Jamboree and activities leading up to the Jamboree, visit www.abilenetx.gov/seniors or call 325-734-5300.

###

This news release is posted online at <http://www.abilenetx.gov/news>.